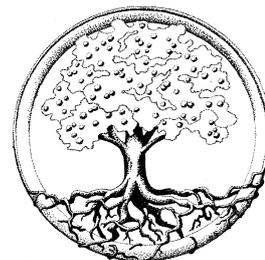


# COLE STREET FARM COHOUSING COMMUNITY

***THE THRESHOLD CENTRE***  
Cole Street Farm, Cole Street Lane,  
Gillingham, Dorset SP8 5JQ  
[www.thresholdcentre.org.uk](http://www.thresholdcentre.org.uk)  
[info@thresholdcentre.org.uk](mailto:info@thresholdcentre.org.uk)  
01747 821929



## Programme of Events – 2007

Unless otherwise stated, the cost of weekend courses (from 7pm Friday to Sunday pm) is £90 including lunch, tea/coffee & snacks. Accommodation, breakfast and evening meal at the Threshold Centre is £35 per night. A non-returnable deposit of £20 is requested to book a place on a course and £20 deposit for B&B. Concessions may be available, please apply in writing.

### ***December***

***Ongoing Meditation:*** 8pm – 9pm first Thursday in each month (7<sup>th</sup> December). Open Meditation led by members of the Threshold Centre. Payment by donation.

### ***New Year Retreat***

Join us to celebrate the turning of the year. Time to look back, let go and welcome in the new. Walks, talks, open fires and good company. 'The threshold is the place of expectation – Goethe'

***Dates and times:*** from 4pm Friday Dec 29<sup>th</sup> – after lunch Monday Jan 1<sup>st</sup>.

***Cost:*** £150 all in. We will ask participants to help with some meal preparation and clearing up.

### ***January***

***Ongoing Meditation: Thursday January 4<sup>th</sup>*** 8pm – 9pm (first Thursday in each month). Open Meditation led by members of the Threshold Centre. Payment by donation.

***Creating Cohousing-*** what cohousing is and how to get started. Whether you are just starting your exploration, or in the perplexing thick of it, and whether you're an interested individual or already part of a group, we aim to help with your questions. Led by Threshold Centre residents. (Presented every two months)

***Date:*** 7pm Fri. January 26<sup>th</sup> – 3pm Sunday January 28<sup>th</sup>

### ***February***

***Ongoing Meditation: Thursday February 1<sup>st</sup>*** 8pm – 9pm (first Thursday in each month). Open Meditation led by members of the Threshold Centre. Payment by donation.

***Alternative 3R's:*** Retreat, Reflection, Refreshment. A facilitated weekend, for those who need a reflective break; partly structured, partly open, we share some sustaining fundamentals of communal living: preparing our meals, simple maintenance work, listening to one another, making group decisions.

***Date:*** Friday Feb 9<sup>th</sup> - Sunday February 11<sup>th</sup>

***Open Meeting*** for potential Phase 2 members and those interested in visiting. Please book.

***Date:*** Sunday February 18<sup>th</sup> 11am – 3pm (Bring and share vegetarian lunch.)

### ***March***

***Ongoing Meditation: Thursday March 1<sup>st</sup>*** 8pm – 9pm (first Thursday in each month). Open Meditation led by members of the Threshold Centre. Payment by donation.

***Friends of the Threshold Centre:*** A weekend for people who have visited us before and would like to come to connect with other people, enjoy the place and help us with some work projects. We offer a special rate of £60 full board, from Friday to Sunday, in return for work on Saturday and Sunday morning, and help in preparing the meals and washing up. In between there will be time for walks, bonfires, conversation, tea shops or just doing nothing!

***Date:*** Friday March 9<sup>th</sup> – Sunday 11<sup>th</sup>

**Creating Cohousing-** what cohousing is and how to get started. Whether you are just starting your exploration, or in the perplexing thick of it, and whether you're an interested individual or already part of a group, we aim to help with your questions. Led by Threshold Centre residents. (Presented every two months)

**Date: 7pm Fri. March 23<sup>rd</sup> – 3pm Sunday 25<sup>th</sup>**

### **April**

**Ongoing Meditation:** 8pm – 9pm first Thursday in each month (April 5<sup>th</sup>).

**Easter Retreat:** A long weekend for those moving towards new personal growth, perhaps from the seed of a cherished idea for a business project, a change of career, or some other unfulfilled wish in life. Join us in co-creating an ideal weekend for you in a supportive environment where you can benefit from friendly views on your prospective changes.

**Date: Friday April 6<sup>th</sup> – Monday April 9<sup>th</sup>**

**Open Meeting** for potential Phase 2 members and those interested in visiting. Please book.

**Date: Sunday April 22<sup>nd</sup> 11am – 3pm** (Bring and share vegetarian lunch.)

**Bolder & Older** with Persephone Arbour. A repeat of the popular workshop when we ask 'could ageing be the grand adventure?'

**Date: Saturday April 28<sup>th</sup> – Sunday April 29<sup>th</sup>**

### **May**

**Ongoing Meditation:** 8pm – 9pm first Thursday in each month (May 3<sup>rd</sup>).

**Creating Cohousing-** what cohousing is and how to get started. Whether you are just starting your exploration, or in the perplexing thick of it, and whether you're an interested individual or already part of a group, we aim to help with your questions. Led by Threshold Centre residents. (Presented every two months)

**Date: 7pm Fri. May 18<sup>th</sup> – 3pm Sunday 20<sup>th</sup> May**

### **June**

**Ongoing Meditation:** 8pm – 9pm first Thursday in each month (June 7<sup>th</sup>).

**Experience Week** :Are you wondering whether co-housing is for you? If so, why not come and live with us for a week? As part of a small group you will follow a semi-structured programme with existing members of our community. We will eat, work, relax and explore the local area together. There will also be opportunities for formal discussions about co-housing and to answer specific questions. Not forgetting some private space time to reflect on your personal experience. All conducted in a supportive atmosphere with – we hope- some laughs along the way.

**Date: Sunday June 3<sup>rd</sup> – Sunday June 10<sup>th</sup>**

**Baby Boomers Ageing Differently:** Join us in exploring how to make the second half of life enriching and happy. Discussing what changes we need to make to become wise 'elders', while looking at scary practical aspects of ageing (like living wills and funerals) in a supportive atmosphere. We plan to have fun too, seeing our potential for becoming (or not becoming) Grumpy Old Men/Women!

**Date: Friday June 15<sup>th</sup> – Sunday June 17<sup>th</sup>**

**Dances of Universal Peace** (to be confirmed)

**Date: Saturday June 30<sup>th</sup>**

### **July**

**Ongoing Meditation:** 8pm – 9pm first Thursday in each month (July 5<sup>th</sup>).

**Creating Cohousing-** what cohousing is and how to get started. Whether you are just starting your exploration, or in the perplexing thick of it, and whether you're an interested individual or already part of a group, we aim to help with your questions. Led by Threshold Centre residents. (Presented every two months)

**Date: 7pm Friday July 13<sup>th</sup> – 3pm Sunday July 15<sup>th</sup>**

**Date: Saturday July 28<sup>th</sup> – Sunday 29<sup>th</sup>** - James Nichol (to be confirmed)

## ***ONGOING OPPORTUNITIES AT COLE STREET FARM***

***TRANSITION LEARNING GROUP:*** Are you in transition? If so, then you might appreciate a little TLG, a small support group of individuals moving from one stage in life to another. Join our Transition Learning Group and take some time to explore the issues arising from the experience of closing the passing chapter of your story and entering the new. Contact details below.

***BREATHING SPACE:*** Spend a few days or a few weeks here, free to do your own thing within the support of our informal community. £240/Concessions for the first week, £210 thereafter. Contact us for more details or to check potential dates.

***MEDITATION:*** 8pm – 9pm first Thursday in each month. Open Meditation led by members of the Threshold Centre. Payment by donation.

***COHOUSING TASTER WEEKENDS*** for groups to have the opportunity to spend time living and organising time together. We would offer:

- Use of the farmhouse on a self-catering basis – kitchen, dining and sitting rooms accommodation.
- An excellent selection of the best books on cohousing, group forming, etc.
- Option of one or two shared meals with members of our core group, eg. Friday supper, Sunday lunch.
- Option of a discussion session with a member of our core group, to help you draw on our experience.

If you are interested, please contact us with an indication of the package you would like, the number in your group, and potential dates.

***Dates:*** Mutually convenient dates can be arranged

***Times:*** 7pm Friday to 4pm Sunday or by negotiation

***Cost:*** £50 per person for the weekend – extra services by negotiation

***FOR FURTHER INFORMATION ON ANY  
OF THE EVENTS PLEASE CHECK OUR WEBSITE,***

[www.thresholdcentre.org.uk](http://www.thresholdcentre.org.uk)

or contact [info@thresholdcentre.org.uk](mailto:info@thresholdcentre.org.uk)

or 01747 821929 (limited office hours)